



### Course Syllabus

1	<b>Course title</b>	Foundations of Professional Nursing - (Clinical)	
2	<b>Course number</b>	0702106	
3	<b>Credit hours</b>	3 hours	
	<b>Contact hours (theory, practical)</b>	Practical 12 hours / week	
4	<b>Prerequisites/co-requisites</b>	Introduction to nursing profession	
5	<b>Program title</b>	Nursing	
6	<b>Program code</b>	07	
7	<b>Awarding institution</b>	The University of Jordan	
8	<b>School</b>	School of Nursing	
9	<b>Department</b>	Clinical Nursing	
10	<b>Course level</b>	First Year	
11	<b>Year of study and semester (s)</b>	2 <sup>ed</sup> semester 2022-2023	
12	<b>Other department (s) involved in teaching the course</b>	None	
13	<b>Main teaching language</b>	English	
14	<b>Delivery method</b>	<input checked="" type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online	
15	<b>Online platforms(s)</b>	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....	
16	<b>Issuing/Revision Date</b>	March/2/2023	

#### 17 Course Coordinator:

Name: Seirsa N. AL-Qura'an, RN, MSN

Contact hours: Sunday, 12:00-13:00pm, Wednesday 2-4pm

and through Microsoft Teams

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Email: [s.quraan@ju.edu.jo](mailto:s.quraan@ju.edu.jo)

**18 Other instructors:**

Name: Nareman S. Zaiter, RN, MSN

Contact hours: Sunday, 1200-1300, and through Microsoft Teams

Office number: 223

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**19 Course Description:**

As stated in the approved study plan.

This clinical course is designed to provide the student with laboratory guided experiences with emphasis on the student's independent learning that will assist her/him to master the biosafety basic nursing skills. These biosafety skills are presented according to the functional health patterns in parallel with knowledge provided to the students in the theory course, in order to prepare the students to implement holistic and safe nursing care in the clinical settings.

**20 Course aims and outcomes:**



## A- Aims:

Prepare the students to implement holistic care modalities in the clinical settings.

## B- Students Learning Outcomes (SLOs):

Upon successful completion of this course, students will be able to:

SLOs SLOs of the course	SLO (1) Knowledge and Understanding	SLO (2) Intellectual Analytical and Cognitive Skills	SLO (3) Subject/ Specific/ Practical Skills	SLO (4) Creativity /Transferable Key Skills/Evaluation
1	Identify nursing care required for clients in selected simulated situations	Build effective communication skills in interpersonal relationship.	Demonstrate correct positioning considering comfort before, during and after the provision of care.	Generalize principles learned in different situations and in different clinical settings.
2	Organize equipment correctly and adequately before, during and after the care utilizing universal precaution		Apply; make use of preventive measures throughout the provision of care to limit spread of infection and maintain a high level of prevention and biosafety	Generate solutions to complex situations utilizing principles learned through the course
3	Discuss the essential concepts relevant to selected nursing procedure		Apply the care correctly and safely.	
4			Apply nursing care in simulated situations	



5			Organize equipment correctly and adequately before approaching the client and apply measures for the adhesion to biosafety recommendation >	
6			Organize the client's environment effectively before providing care.	
7			Demonstrate correct positioning considering comfort before, during and after the provision of care.	
8			Develop professional behavior in simulated situations.	

#### 21. Topic Outline and Schedule:

Week	Lecture	Topic	Intended Learning Outcome	Learning Methods (Face to Face/Blended)	Platform	Synchronous/Asynchronous	Evaluation Methods	Resources

				ded/ Fully Online)		Lecturin g		
1	1.1	Orientation						
	1.2 +1.3	Basic Medical Asepsis: •Hand washing (medical asepsis) •Donning and removing clean gloves •Standard precautions (Donning clean disposable gloves, gown, mask,& eyewear)	All	Face to face	Moodle ; MST	NA	O* RD*	447-450 451-454 455-460
2	2.1	Vital signs: •Introduction & terminology •Temperature •Pulse & O2 saturation •Respiration.	All	Face to face	Moodle ; MST	NA	O RD	260-268 269-276 277-284 285-287
	2.2	Vital signs: •Blood pressure •V.S. documentation	All	Face to face	Moodle ; MST	NA	O RD	288-299
	2.3	<i>Continue</i> Vital signs	All	Face to face	Moodle ; MST	NA	O RD	288-299
3	3.1	Medication administration: •Introduction & terminology •Medication Documentation	All	Face to face	Moodle ; MST	NA	O RD V*	603-607 608-617 618-623

Week	Lecture	Topic	Intended Learning Outcome	Learning Methods( Face to Face/Blended/ Fully Online)	Platform	Synchronous/ Asynchronous Lecturing	Evaluation Methods	Resources
		<ul style="list-style-type: none"> <li>•Medication preparation</li> <li>•Oral medication administration</li> <li>•Medication dosage calculation</li> </ul>						
3	3.2	Parenteral medications administration: <ul style="list-style-type: none"> <li>•Preparing medication from Ampules &amp; Vials</li> <li>•Mixing medications using one syringe</li> <li>•Administering medication (I.D., S.C., &amp; I.M.).</li> </ul>	All	Face to face	Moodle ; MST	NA	OR	641-664
	3.3	<i>Continue</i> Parenteral medications administration	All	Face to face	Moodle ; MST	NA	OR	641-664
4	4.1	<i>Continue</i> Parenteral medications administration	All	Face to face	Moodle ; MST	NA	OR	641-664

	4.2	First clinical exam (20%) Blood Pressure + Pulse + SC injection	All	Face to face	Moodle ; MST	NA	Clinical exam	First clinical exam (20%) Blood Pressure + Pulse + SC injection
	4.3	First clinical exam (20%) Blood Pressure + Pulse + SC injection	All	Face to face	Moodle ; MST	NA	Clinical exam	First clinical exam (20%) Blood Pressure + Pulse + SC injection
5	5.1	First clinical exam (20%) Blood Pressure + Pulse + SC injection	All	Face to face	Moodle ; MST	NA	Clinical exam	First clinical exam (20%) Blood Pressure + Pulse + SC injection
	5.2	Intravenous therapy: •Preparing the venipuncture site.(apply all measures for the adhesion to biosafety recommendation. •Inserting an Over-the-needle catheter.	All	Face to face	Moodle ; MST	NA	ORD	1107-1109 1112-1117 1104-1106 1118-1131 1132-1136 1137-1145

		<ul style="list-style-type: none"> <li>•Initiating Intravenous therapy.</li> <li>•Intravenous management</li> <li>•Monitoring fluid balance</li> <li>•Intravenous medication administration</li> </ul>						
	5.3	Cont. Intravenous therapy:	All	Face to face	Moodle ; MST	NA	O RD	1107-1109 1112-1117 1104-1106 1118-1131 1132-1136 1137-1145
6	6.1	Cont. Intravenous therapy:	All	Face to face	Moodle ; MST	NA	O RD	1107-1109 1112-1117 1104-1106 1118-1131 1132-1136 1137-1145



6	6.2	Measures to prevent infection and maintain biosafety : <ul style="list-style-type: none"> <li>•Completing surgical hand antisepsis</li> <li>•Donning sterile gloves</li> <li>•Pouring from a sterile container</li> <li>•Preparing a sterile field</li> <li>•Preparing a sterile field using pre-package supplies</li> <li>•Preparing for dressing change with individual supplies</li> </ul>	All	Face to face	Moodle ; MST	NA	O RD	936-942
	6.3	Dressing change: <ul style="list-style-type: none"> <li>•Changing a dry sterile dressing.</li> <li>•Removing sutures.</li> <li>•Removing staples.</li> <li>•Caring for a wound with a Drain</li> <li>•Maintaining Wound</li> </ul>	All	Face to face	Moodle ; MST	NA	O RD	943-947  959-960 961-962 963-963 964-966

		Drainage System •Irrigating Wounds •Teaching wound care to clients						
	7.1	Cont. Dressing change	All	Face to face	Moodle ; MST	NA	O RD	943-947 959-960 961-962 963-963 964-966
7	7.2	Cont. Dressing change	All	Face to face	Moodle ; MST	NA	O RD	943-947 959-960 961-962 963-963 964-966
8	8.1 + 8.2 + 8.3	<b>Second clinical exam (25%)</b> IM injection + Dressing					Clinical exam	<b>Second clinical exam (25%)</b> IM injection + Dressing
9  10	9.1 + 9.2 +  10.1	Urinary elimination: •Inserting a retention catheter ( Female) •Inserting a retention catheter (Male) •Providing catheter care •Removing a retention catheter	All	Face to face	Moodle ; MST	NA	O RD	817-821 821-823 823-824 824-826

		Bowel elimination: •Administering a large volume enema.						878-881
10	10.2 + 10.3	Nasogastric tube therapy: •Inserting a large-bore nasogastric tube •Flush /maintain nasogastric tube •Performing gastric lavage •Removing nasogastric tube	All	Face to face	Moodle ; MST	NA	O RD	686-696
11	11.1 + 11.2 + 11.3	Nasogastric tube therapy: •Inserting a large-bore nasogastric tube •Flush /maintain nasogastric tube •Performing gastric lavage •Removing nasogastric tube	All	Face to face	Moodle ; MST	NA	O RD	686-696
12	12.1 + 12.2	Bathing, Bed making, & maintaining skin integrity:	All	Face to face	Moodle ; MST	NA	O RD	188-192 193-199



		<ul style="list-style-type: none"> <li>•Introduction &amp; terminology</li> <li>•Bed making</li> <li>•Bath care</li> <li>•Maintaining skin integrity</li> <li>•Evening care</li> </ul> Personal hygiene: <ul style="list-style-type: none"> <li>•Introduction &amp; terminology</li> <li>•Oral hygiene</li> <li>•Hair care</li> <li>•Bed pan, Urinal and commode</li> <li>•Perineal&amp; Genital care</li> <li>•Eye &amp; Ear care</li> </ul> Body Mechanics and Positioning: <ul style="list-style-type: none"> <li>•Proper body mechanics</li> <li>•Moving and turning clients</li> </ul>					200-208 209-215 216-222  224-227 228-233 234-237 242-245 246-250 251-257  362-369 370-387
13	13.1	Final clinical exam (25%)					Clinical exam Final clinical exam (25%)
14	14.1	Final clinical Final Written Exam 31/5/2023					Written exam

\*Evaluation Method keys: **O** = Observation (in clinical setting) | **RD**: Return Demonstration | **T**: Written Test | **V**: Verbal Review



## 22 Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	SLOs	Period (Week)	Platform
First Clinical Exam	20%	Blood Pressure + Pulse + SC injection	All	Week 4+5	Lab
Second Clinical Exam	25%	IM injection + Dressing	All	Week 8&9	Lab
Final Clinical Exam	25%	IM or SC injection + NG tube insertion & Removal	All	Week 12+13	Lab
Final Written Exam	30%	Follow announcement On Moodle	All	Week 14 31/5/2023	Lecture Hall

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## 23 Course Requirements

(e.g: students should have a computer, internet connection, webcam, account on a specific software/platform...etc):

## 24 Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.



- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late after 9 am will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and submitting assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make-up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures:

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, and misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
- Using any media (including mobiles) during the exam
- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

E- Grading policy:

A grade of (D) is the minimum passing grade for the course.



#### F- Examination Instructions for Students

- Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST HALF OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using **Blue** pen only.
- Use pencil **ONLY** to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

F- Available university services that support achievement in the course:

(e learning)

#### 25References:

A- Required book(s), assigned reading and audio-visuals:

- Audrey T. Berman, Shirlee S, &Geraldyn F. (2016). Kozier&Erb's Fundamentals of Nursing: Concepts, Process and Practice. 10th edition. Pearson Education Limited.
- Smith, S., Duell, D., & Martin, B.,(2014). Clinical Nursing Skills. (International Edition, Eighth Edition). UK: Pearson Education Limited
- Kozier, B., ...,Abdalahim, M., Abu-Moghli, F., &Saleh, M. (2012). *Fundamentals of nursing: Concepts, process, and practice*. (Arab World Ed.). UK: Pearson Education Limited.
- McCuiston, L., Kee, J., Hayes, E. (2015). *A Patient-Centered Nursing Process Approach*. (Eighth Edition). USA: Elsevier

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- Silvestri, L. (2014). *Saunders Comprehensive Review for the NCLEX-RN® Examination.* (Eighth Edition). USA: Elsevier

B- Recommended books, materials, and media:

- S. Burns, S. (2014). *AACN Essentials of Critical Care Nursing.* (Third Edition). USA: McGraw-Hill Companies

#### 26 Additional information:

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Name of Course Coordinator: Seirsa AL-Quraann	Signature: --seirsa-	Date: 3/2/2023
Head of Curriculum Committee/Department: -----	Signature: -----	
Head of Department: ---- Dr. Zyad Saleh -----	Signature: --- Dr. Zyad Saleh ----	
Head of Curriculum Committee/Faculty: -----	Signature: ----	
Dean: -----	Signature: -----	